



Whole Grains for a New Generation: Light Dishes, Hearty Meals, Sweet Treats, and Sundry Snacks for the Everyday Cook

Liana Krissoff

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Whole Grains for a New Generation: Light Dishes, Hearty Meals, Sweet Treats, and Sundry Snacks for the Everyday Cook takes a fresh and creative perspective on the latest major cooking trend: whole grains. Liana Krissoff presents delicious recipes for modern everyday cooks and kitchens. With supermarket-friendly ingredients, simple directions, and a warm, accessible voice, Liana Krissoff shows us how easy, delicious, and exciting whole grain cooking can be, from breakfast to dessert, and all the meals and snacks in between.

Praise for *Whole Grains For a New Generation*:

“These days, plenty of folks have chosen to eat lighter and make whole grains and legumes a large part of their diets. Liana Krissoff . . . make[s] a convincing case for the change, showing how adding hearty and delicious grains will enhance any diet. But it’s not a strict vegetarian guide; many of the recipes do have meat—long-braised pork with grits and cilantro-chile-lime sauce, for instance. Don’t skip the introduction, a primer on the buying, storing, substituting and cooking of numerous grains.” —*Detroit Metro Times*

“*Whole Grains* belongs in everyone’s kitchen.” —*Buffalo Spree* magazine

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From reader reviews:

Connie Bannister:

Whole Grains for a New Generation: Light Dishes, Hearty Meals, Sweet Treats, and Sundry Snacks for the Everyday Cook can be one of your basic books that are good idea. All of us recommend that straight away because this guide has good vocabulary that can increase your knowledge in vocab, easy to understand, bit entertaining but nonetheless delivering the information. The article author giving his/her effort to put every word into satisfaction arrangement in writing Whole Grains for a New Generation: Light Dishes, Hearty Meals, Sweet Treats, and Sundry Snacks for the Everyday Cook however doesn't forget the main point, giving the reader the hottest and also based confirm resource info that maybe you can be certainly one of it. This great information can certainly drawn you into fresh stage of crucial pondering.

Rosa Flint:

Do you one of the book lovers? If yes, do you ever feeling doubt when you are in the book store? Try to pick one book that you never know the inside because don't judge book by its protect may doesn't work at this point is difficult job because you are frightened that the inside maybe not since fantastic as in the outside appear likes. Maybe you answer is usually Whole Grains for a New Generation: Light Dishes, Hearty Meals, Sweet Treats, and Sundry Snacks for the Everyday Cook why because the excellent cover that make you consider concerning the content will not disappoint a person. The inside or content is fantastic as the outside or maybe cover. Your reading sixth sense will directly make suggestions to pick up this book.

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Are you kind of hectic person, only have 10 or even 15 minute in your morning to upgrading your mind proficiency or thinking skill even analytical thinking? Then you are having problem with the book than can satisfy your small amount of time to read it because pretty much everything time you only find guide that need more time to be examine. Whole Grains for a New Generation: Light Dishes, Hearty Meals, Sweet Treats, and Sundry Snacks for the Everyday Cook can be your answer mainly because it can be read by a person who have those short free time problems.

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