



Coaching the Junior and Collegiate Golfer: Certification for Mental Golf Coach

Ronald L Mann Ph.D.

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Coaching the Junior and Collegiate Golfer is the textbook for a comprehensive training program for coaching the mental game of golf with a specialization in Junior and Collegiate golfers. The leads to a Certification as a Mental Golf Coach. This information applies to golfers of all ages. Dr. Ronald Mann shares his forty plus years of experience in this coaching program. This is a comprehensive mind, body, and spirit approach to the mental game. Topics include but are not limited to: •How to build a relationship with the parents of the junior golfer. •How to build a relationship with the junior golfer. •The key qualities of a good coach. •The seven most important issues for the Junior Golfer. •How to enhance concentration, focus, and mental strength. •How to assess for the 8 traits of champions. •How to design goals and an action plan for success. •The actual coaching methods to address the seven major mental issues for the junior golfer. •The key elements for a preshot routine. •How to coach the difficult student. •How to create high performance teams. Information about the full certification course can be found at :

<http://ronmann.com/peak-performance-coaching/online-certification-training/> The cost of this textbook can be applied to the Certification course if you would like to expand your learning and get the certification. This material is being used as the basis for the Chinese Division of the United States Golf Teachers Federation for their certification training programs. Please contact Dr. Mann at mannr@ronmann.com if you have additional questions.

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