



The Hazy Moon of Enlightenment: Part of the On Zen Practice collection

Taizan Maezumi Roshi, Bernie Glassman

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The Hazy Moon of Enlightenment takes the reader to the next level of Zen practice, exploring some of the more subtle and sophisticated topics in Zen.

The first two parts of the book explore enlightenment and delusion: What is nature of enlightenment? What does it mean to describe enlightenment as sudden or gradual? What is the nature of delusion, and how can we watch out for the particular delusion that masquerades as enlightenment? The third part looks at "enlightenment in action"--what it means for someone to live and act in order with the deep wisdom of enlightenment, and how we can practice learning "learning how to be satisfied" and enjoy serenity and tranquility. The final section is a moving and powerful firsthand account of one woman's solitary realization of the deepest truths--a story that can become an inspiration for all of us. The contributors to this volume include some of the pioneering masters who were seminal in helping Zen take firm root in American soil.



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