



# Hildegard of Bingen's Medicine (Folk Wisdom Series)

*Dr. Wighard Strehlow, Gottfried Hertzka M.D.*

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# Hildegard of Bingen's Medicine (Folk Wisdom Series)

Dr. Wighard Strehlow, Gottfried Hertzka M.D.

**Hildegard of Bingen's Medicine (Folk Wisdom Series)** Dr. Wighard Strehlow, Gottfried Hertzka M.D. Hildegard of Bingen, a major twelfth-century mystic and prophet, began having divinely inspired visions at the age of six. These visions continued throughout her life, and were the source of highly honored information on healing through a multidimensional approach to the body, mind, emotions, and spirit. Widely accepted by physicians and religious healers of her time, Hildegard's work was lost over the centuries, and has only recently been reborn through the work of the authors of this book. *Hildegard of Bingen's Medicine* is a groundbreaking contribution to medicine and healing. It contains translations of Hildegard text which reflect the high point of medieval, alchemical, and healing science. In addition, these translations are commented upon by authors who have worked clinically with Hildegard's wisdom for thirty years. Many will find this book to contain profound, long lost spiritual teachings. Hildegard's deep understanding of nature--trees, herbs, and animals--inspires a new vision of balance and planetary attunement.

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