



# Getting to Ellen: A Memoir about Love, Honesty and Gender Change

*Ms. Ellen Krug*

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What is the price of living an authentic life? Ellen Krug knows. "Getting to Ellen" details the "gender journey" taken by Ellen Krug, a woman born into a male body. As a man, "Ed" Krug had everything anyone could ever want: the love of a soul mate named Lydia, two beautiful daughters, a house in the best neighborhood, a successful trial lawyer's career--a Grand Plan life so picture-perfect it inspired a beautiful pastel drawing. In a quest to find inner peace, Ed gradually confronted fear and loss, including the residue of growing up in an alcoholic household and a parent's suicide. As this page-turning story of self-discovery unfolds, the reader understands that for Ed to live authentically as Ellen, much of that picture-perfect life--including Lydia's love--would need to be sacrificed. How could anyone make that choice, pay that kind of price? Then again, how could anyone not? This is much more than one person's story about some things lost and others gained. It's a glimpse into the life choices that all of us make--whether or not we're transgender. This is a perfect read for anyone dealing with a key personal decision or crisis or the question of whether to be true to one's self. And too, this story details what it means to be transgender, and it will help anyone wrestling with gender identity issues or loved ones trying to understand another's "gender journey." In short, "Getting to Ellen" is an unforgettable true story of love, honesty, and the rewards of living authentically.



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