



Hiperactivo, Impulsivo, Distráido ..Me conoces?: Guía acerca del déficit atencional para padres, maestros y profesionales

Jose J. Bauermeister

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This indispensable Spanish-language resource offers essential guidance for parents and teachers facing the challenges of ADHD. The book combines the latest scientific knowledge with expert advice for understanding children with the disorder, giving them the best care possible, and helping them succeed at home and in school. Of crucial importance, the experiences and cultural context of Spanish-speaking parents and children are reflected on every page. Leading authority Dr. José J. Bauermeister discusses the effects of ADHD on youngsters of different ages and how the disorder is diagnosed. He provides a wealth of practical recommendations for helping parents and teachers work together to accept the child's difficulties, identify areas of strength, use medication effectively, enhance communication, and develop better behavior management skills. Written in a moving, engaging, and humorous style, the book is filled with helpful hints, handy graphics, resources, and concrete examples.

Este indispensable recurso en español, ofrece una guía esencial para los padres y maestros que enfrentan los retos del trastorno por déficit de atención e hiperactividad. Este libro combina consejos expertos con los conocimientos científicos más recientes para entender a los niños con este trastorno, para ofrecerles el cuidado más efectivo posible, y para ayudarles a tener éxito en el hogar y en la escuela. Es de importancia crucial notar, que cada página refleja las experiencias únicas y el contexto cultural de padres y niños de habla hispana. Los efectos de este trastorno en jóvenes de distintas edades y la manera como es diagnosticado el TDAH, son discutidos por el Dr. José J. Bauermeister, reconocido como una autoridad en el área. El provee recomendaciones prácticas en abundancia para ayudar a los padres y maestros a colaborar para aceptar las dificultades por las que pasa el niño, identificar áreas de fortaleza, usar medicamentos de manera efectiva, realzar la comunicación, y desarrollar mejores destrezas en el manejo de la conducta. Escrito en un estilo conmovedor, atrayente, y humorístico, el libro está lleno de sugerencias útiles, gráficas, recursos, y ejemplos.

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