



# Building Catholic Family Traditions

*Thomas Paul Thigpen, Leisa Thigpen, Paul Thigpen*

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Paul and Liesa Thigpen What does it take to have a truly Catholic home? How can you implement meaningful activities in your family life without becoming overwhelmed by the effort? Where do you begin creating traditions that suit your family's lifestyle? Paul and Leisa Thigpen present hundreds of practical suggestions for building meaningful customs in Catholic homes. These step-by step strategies for creating sacred and secular traditions for modern families are both time- and budget-friendly. Pick and choose the options that best suit your needs and desires. Easily adaptable to both large and small families, Building Catholic Family Traditions will help you design activities that will nurture the spiritual and emotional health of you and your children now and for years to come. Includes ideas for \* Celebrating events of the Church year \* Recognizing family achievements \* Celebrating seasonal traditions, such as vacation and holiday activities \* Appreciating family heritage \* Incorporating customs that celebrate ethnic background \* Developing traditions unique to your Catholic family About the authors Paul and Leisa Thigpen are the authors or coauthors of several books. Leisa is currently a fulltime mother who homeschools. Paul is a Fellow in theology at The College of Saint Thomas More in Fort Worth, Texas, and frequent contributor to Catholic Parent Magazine

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