



Alcoholic Spouse: Coping with an Alcoholic Husband or Wife: Coping with Alcoholism and Substance Abuse, Book 3

Ashley Rosebloom, JC Anonymous

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Learn How to Deal with an Alcoholic Spouse

Are you exhausted from trying to control your alcoholic spouse? Does it feel like no matter what you try, your husband or wife won't stop drinking? Are you tired of constantly obsessing over your spouse's alcoholism? Do you want to learn how to find serenity in the midst of the chaos you're dealing with?

This plan for dealing with an alcoholic spouse will change your life forever! These are proven methods that have helped tens of thousands of people all over the world learn how to cope with family members and friends who are addicted to alcohol.

When you are finished reading this book you will know how to:

- Set boundaries
- Not be an enabler
- Love your alcoholic spouse without conditions
- Detach from your husband or wife
- Stop arguing with your spouse
- Let go of any alcoholic in your life
- Communicate with the problem drinker

Ashley Rosebloom, author of *Coping with an Alcoholic Spouse - 31-Day Plan for Dealing with Your Alcoholic Husband or Wife*, has been helping people learn to cope with addicts since 1998. She's attended thousands of support group meetings designed to keep alcoholics sober and to teach friends and family members how to cope.



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