



Simply Delicious Raw Recipes: 80/10/10 Desserts - Volume 1 (80/10/10 Raw Food Recipes)

Dr. Douglas Graham, Katy Craine

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Simply Delicious Desserts - 80/10/10 Raw Vegan Style from Dr. Douglas Graham. Desserts seemed like the perfect way to start the 80/10/10 Raw Food Recipe Series. These recipes are "Simply Delicious" because they bring to life incredible 80/10/10 recipes that are gourmet, low-fat and have a small number of simple ingredients. Dr. Graham and co-author Katy Craine created and thoroughly tested these recipes in Dr. Graham's own kitchen to ensure that you can reproduce these recipes in your own kitchen - simply and quickly.

From Dr. Graham: "Simply Delicious Desserts! What could be better than that? I'm totally convinced that when you start making our 80/10/10 raw vegan desserts you will be amazed at how great they really taste. Proper food combining, clear recipe instructions, and easy production make Simply Delicious Desserts a no-brainer for every 80/10/10 kitchen. The Simply Delicious series will cover your every culinary requirement, while giving you the recipes and concepts to totally wow your guests and loved ones.

Start with Simply Delicious Desserts and you will definitely want to invest in the entire Simply Delicious series. You don't have to be a kitchen ace to make these tasty delights. Expect to be impressed, and know that once again FoodnSport has delivered the best Simply Delicious recipes in the whole wide world."

These are special 80/10/10 raw food recipes that don't exist elsewhere. You're not just getting another flax cracker recipe, you're getting recipes that just don't exist out there in the raw food world!

Get Simply Delicious Desserts now! And collect the entire series as it's released.

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From reader reviews:

Mary Gillon:

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Thelma Scott:

Spent a free the perfect time to be fun activity to do! A lot of people spent their sparetime with their family, or all their friends. Usually they carrying out activity like watching television, going to beach, or picnic within the park. They actually doing same task every week. Do you feel it? Will you something different to fill your free time/ holiday? May be reading a book can be option to fill your free time/ holiday. The first thing that you ask may be what kinds of reserve that you should read. If you want to consider look for book, may be the e-book untitled Simply Delicious Raw Recipes: 80/10/10 Desserts - Volume 1 (80/10/10 Raw Food Recipes) can be excellent book to read. May be it might be best activity to you.

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What is your hobby? Have you heard which question when you got students? We believe that that problem was given by teacher to the students. Many kinds of hobby, Everybody has different hobby. Therefore you know that little person like reading or as studying become their hobby. You must know that reading is very important in addition to book as to be the thing. Book is important thing to include you knowledge, except your personal teacher or lecturer. You see good news or update about something by book. Many kinds of books that can you take to be your object. One of them is niagra Simply Delicious Raw Recipes: 80/10/10 Desserts - Volume 1 (80/10/10 Raw Food Recipes).

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