



Flash in the Pan: Spice up your wok, noodles and stir-fries

Good Housekeeping Institute

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Good Housekeeping recipes tick all the boxes They look great They taste delicious Theyre easy to make Now, learn how to be a clever cook with this amazing new cookery series. Each Good Housekeeping recipe triple-tested for perfect results is guaranteed to stand the test of your occasion, be it a quick family supper or special weekend treat. Packed with good old favourites, tasty new ideas, save money, time and effort tips, up-to-date nutritional breakdown including protein and fibre, and savvy advice throughout, it couldnt be easier to whip up a fabulous meal in your wok or saucepan. Enjoy! Other titles in the Good Housekeeping series include Bake Me a Cake, Easy Peasy, Al Fresco Eats, Let's Do Brunch, Cheap Eats, Gluten-free Easy, Low Fat Low Cal, Salad Days, Posh Nosh, Party Food, Roast It!, Great Veg and Slow Stoppers

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