



# **The Confusing World of Brothers, Sisters and Adoption: The Adoption Club Therapeutic Workbook on Siblings**

*Regina M. Kupecky*

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For children who are adopted families can get complicated, and that's very true when it comes to brothers and sisters, or 'siblings'.

Today The Adoption Club are exploring the confusing world of siblings. Some children have half-siblings, adopted siblings, step-siblings. Michael has a birth sibling, his sister Angela, who he lives with, but many other children who are adopted are separated from their brother or sisters. The Adoption Club talk about their feelings about their own siblings.

Written for counsellors and therapists working with children aged 5-11, as well as adoptive parents, this workbook is designed to help explore sibling relationships. It is one of a set of five interactive therapeutic workbooks featuring The Adoption Club written to address the key emotional and psychological challenges adopted children often experience. Together, they provide an approachable, interactive and playful way to help children to learn about themselves and have fun at the same time.

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require to explain it is easy to understand. The writer made some investigation when he makes this book. This is why this book suitable all of you.

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