



Gluten-Free Makeovers: Over 175 Recipes--from Family Favorites to Gourmet Goodies--Made Deliciously Wheat-Free

Beth Hillson

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When Beth Hillson was diagnosed with celiac disease more than thirty years ago, she had nowhere to turn to for recipes or support. She embarked on a lifelong journey to help provide delicious and healthy food to others who cannot have wheat—as many as 1 in 133 Americans, according to recent estimates. In ***Gluten-Free Makeovers***, Hillson makes over some of the most popular recipes—from celeb chef favorites to classic comfort foods, from pot pies to pizza, fig bars to croissants—so wheat-free home cooks can have their cake and eat it too.

With chapters dedicated to the gluten-free kitchen, preparation basics, a resource guide on ingredient sources, and supplemental info on gluten-free living, ***Gluten-Free Makeovers*** offers inspiring meals for both seasoned and novice chefs alike.



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