



# **Reiki para principiantes (Reiki for Beginners) (Spanish Edition)**

*David F. Vennells*

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**Millones de personas alrededor del mundo se han beneficiado del reiki.**

Gracias a este libro introductorio, ahora tú también conocerás los principios básicos de este sistema simple, pero profundo que te conducirá a través de los distintos niveles energéticos hacia la sanación y el crecimiento espirituales.

Entre otras cosas, con Reiki para principiantes aprenderás a:

- o Curar diversas enfermedades y padecimientos físicos, mentales y emocionales.
- o Resolver problemas en el trabajo y en el hogar.
- o Ser más creativo, mejorar tu memoria y sentirte guiado y protegido en todo momento.
- o Desarrollar la compasión, la sabiduría, la paciencia y la empatía.

Además de narrar la fascinante historia de esta técnica ancestral, este libro te guiará por sus tres grados de aprendizaje y te mostrará la estrecha relación que existe entre esta práctica, la meditación y el budismo. Como resultado, aprenderás a tratar con reiki tu propio cuerpo y el de los demás.

## ENGLISH DESCRIPTION

### **Winner of the Coalition of Visionary Resources (COVR) Award for Best Alternative Health Book**

Millions of people worldwide have already benefited from the healing practice of Reiki. With the help of this introductory Reiki book, you can learn the basic principles of this simple, yet profound system for healing and spiritual growth that works on an energetic level. Make the most of Reiki from a practical point of view as you explore its spiritual essence:

Heal yourself and others physically, mentally, and emotionally

Develop compassion and wisdom

Heal plants and animals

Resolve relationship issues at work or home

Complement and strengthen other therapies

Send healing energy to local or world situations such as war, natural disasters, crime, or poverty

Be blessed, guided, and protected

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In this time globalization it is important to someone to obtain information. The information will make you to definitely understand the condition of the world. The healthiness of the world makes the information much easier to share. You can find a lot of personal references to get information example: internet, newspapers, book, and soon. You will see that now, a lot of publisher in which print many kinds of book. Often the book that recommended to your account is Reiki para principiantes (Reiki for Beginners) (Spanish Edition) this publication consist a lot of the information in the condition of this world now. That book was represented how can the world has grown up. The dialect styles that writer value to explain it is easy to understand. The writer made some research when he makes this book. Here is why this book appropriate all of you.

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In this era which is the greater individual or who has ability to do something more are more precious than other. Do you want to become certainly one of it? It is just simple method to have that. What you should do is just spending your time almost no but quite enough to experience a look at some books. On the list of books in the top list in your reading list is definitely Reiki para principiantes (Reiki for Beginners) (Spanish Edition). This book that is certainly qualified as The Hungry Hills can get you closer in turning into precious person. By looking right up and review this e-book you can get many advantages.

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