



The Sleep Technician's Pocket Guide

William H. Spriggs

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The Sleep Technician's Pocket Guide, Second Edition contains all the information sleep technicians need at their fingertips while in the sleep lab?patient hookup, artifacts/troubleshooting, scoring, EKG rhythms, procedures and protocol, drugs and medications, and other basic information for quick reference. Each section is tabbed and color-coded for fast reference. This handy pocket-sized reference guide, created specifically for Sleep Technicians, offers just the right amount of information to help guide actions in the lab. The Pocket Guide is also a great reference and study tool to help prepare for the RPSGT and CPSGT certification exams. Pages are waterproof and stain-proof! All content is updated to reflect the ICSD-3, AASM, and BRPT changes. Table of Contents Chapter 1: Normal Sleep Chapter 2: Sleep Disorders Chapter 3: Patient Flow Process Chapter 4: Life As A Sleep Technician Chapter 5: Diagnostic Equipment Chapter 6: Patient Hookup Procedures Chapter 7: Viewing a Polysomnogram Chapter 8: Artifacts and Troubleshooting Chapter 9: Performing an Overnight Sleep Study Chapter 10: Performing a CPAP Titration Chapter 11: Performing Other Types of Sleep Studies Chapter 12: Sleep Staging Chapter 13: Abnormal Events Chapter 14: Cardiac Rhythms Chapter 15: Scoring and Reporting Chapter 16: Pediatric Sleep Medicine Comprehensive Posttest Answers and Explanations Glossary Index References

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