



## **Relational Psychotherapy, Psychoanalysis and Counselling: Appraisals and reappraisals**

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# **Relational Psychotherapy, Psychoanalysis and Counselling: Appraisals and reappraisals**

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Is therapy's relational turn only something to celebrate? It is a major worldwide trend taking place in all the therapy traditions. But up to now appreciation of these developments has not been twinned with well-informed and constructive critique. Hence practitioners and students have not been able to engage as fully as they might with the complex questions and issues that relational working presents. *Relational Psychotherapy, Psychoanalysis and Counselling: Appraisals and reappraisals* seeks to redress this balance.

In this unique book, Del Loewenthal and Andrew Samuels bring together the contributions of writers from several countries and many therapy modalities, all of whom have engaged with what 'relational' means – whether to espouse the idea, to urge caution or to engage in sceptical reflection.

Relational Psychotherapy, Psychoanalysis and Counselling: Appraisals and reappraisals presents clinical work of the highest standard in a way that is moving and draws the reader in. The more intellectual contributions are accessible and respectful, avoiding the polarising tendencies of the profession. At a time when there has been a decline in the provision and standing of the depth therapies across the globe, this book shows that, whatever the criticisms, there is still creative energy in the field. It is hoped that practitioners and students in psychoanalysis, psychotherapy, counselling and counselling psychology will welcome this book for its cutting edge content and compassionate tone.



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