



**Green tea Benefits and Benefits of Honey:
Miraculous Healing Powers of Green Tea and
Honey: Effective Natural Healers - Boxed Set # 4
(Powerful Natural Healers - Boxed Sets Book 15)**

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Book # 1 - Green Tea & Its Miraculous Healing Powers

Learn About All The Benefits of Green Tea and Find Answers to Most of The Questions that you have about Green Tea. This Book looks at :

- **What Makes Green Tea An Indispensible Health Drink**
- **How Green Tea Helps You Lose Weight**
- **How it is Great For Your Heart and Prevents Cardio Vascular Diseases**
- **How Green Tea is Great For Your Immune System**
- **How It Helps Belling The Diabetes Cat**
- **How Green Tea Regulates your Blood Pressure and Cholesterol**
- **How Green Tea could help you have Great Hair and Skin**
- **How Green Tea acts as The Most Potent Stress Buster**
- **How It Helps Prevents Cancer and Other Dangerous Diseases**
- **Why is Green Tea Great For Your Brain**

- **The Infection Fighting Capabilities of Green Tea**
- **What is the Best Time to Have Green Tea**
- **The Side Effects of Green Tea**
- **Other Important Question and Answers on Green Tea**

You will learn about all the benefits of green tea as well as have most of the questions about green tea answered through this book. All common questions and topics regarding green tea have been covered in this book. You will discover why it is indispensable for you to make green tea a part of your daily diet.

A life full of health and free of diseases awaits you as you discover the secrets of this miracle working beverage with me.

Start your journey with this book.

Book # 2 - Honey & Its Miraculous Healing Powers

This Book will Tell you everything you have wanted to know about the Miraculous Healing Powers of Honey. You will discover why you need to make it a part of your daily diet and how a few spoons of honey daily can make you much healthier and stronger. This is what you can expect to get from this book -

- **How to Lose Fat and Effectively Lose a Lot of Weight Quickly and Easily With Honey**
- **How to Use Honey To Enhance Your Beauty and for Skin Care**
- **How Honey Increases Your Immunity and Resistance to Diseases**
- **How Honey is Better than Sugar for Diabetics**
- **The Miraculous Wound, Cut and Burn Healing Ability of Honey**
- **How Honey Increases your Stamina and Acts as a Wonder Food for Athletes**
- **The Sleep Inducing Power of Honey**
- **How honey can help in better food digestion**
- **Honey for Fighting Hangovers**
- **How Honey Can Relax Your Throat, Soothe Your Coughs and get Rid of Colds**

- **Learn if Honey is Safe for the Infants**
- **How to Test if Honey you are Buying is Pure or Not**
- **Comparison of Sugar and Honey – Which is better for Your Health**
- **What are the Different Types of Honey**
- **What are the Various Delicious Forms of Honey**

In short you will learn all that you have wanted to know about Honey and get most of your questions answered about honey. I can almost bet that after reading this book you will feel that you are really missing out on a lot if you have not made Honey a part of your everyday diet. So come with me and discover the Miraculous healing Powers of Honey and its numerous other Health benefits and applications.

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