



Follow Your Dreams - How To Achieve Your Goals

Jeff Townsend

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What would you like to accomplish in your lifetime? Author Basil S. Walth once stated, "If you don't know where you're going, how could you expect to get there?" These are words well spoken, since whether you're working toward freelancing full-time or selling your novels, you will need a roadmap. Goals are essential. They offer direction, long-term vision and short-term motivation. They will separate the essential from the irrelevant. Goals additionally build self-confidence by helping you grow as a person.

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Five Steps To Goal-Setting

Eight Steps To Achieve Any Goal

Figure Out The Pebble In Your Shoe

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Focus On Your Goals Without Envyng Others

Focus = Clarity

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