



# The Power of Habit: be Efficient in Everything you do (Personal Development for Beginners) (Volume 3)

*Eddie de Jong*

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## **Discover how to become efficient in everything you do**

Are you struggling to get everything done that you need to do? Do you often wish that you could be more efficient and productive, and that things could just be done easier? Are you stressed out because your workload is impossible to handle?

*The Power of Habit: be Efficient in Everything you do* (Personal Development for Beginners book 3) is based on **tried and tested scientific principles** that have helped millions of people make the most of every day.

The theory has been condensed and simplified into an easy-to-use series of steps that will show you how to:

- Choose and implement those habits that will serve you in becoming what you want to be.
- Get rid of bad habits that trip you up and hold you back.
- Take responsibility for your own life and not allow others to decide how you should live it.
- Improve your career, financial status, personal growth, relationships, rest & relaxation and overall wellness.
- Use 5 simple steps to make sure your new habits stay with you for as long as you want.
- Access external resources quickly and easily through the more than 45 links provided.

## **Taking Consistent Action is Key to Personal Development**

Doing things fast, accurately and efficiently becomes easy once you know how. Actually achieve professional and personal success by *following the simple, practical steps outlined*.

Do you want your own profitable business that will bring fame and success? Do you desire financial independence and personal freedom? Would you love to improve your relationships and make them more fulfilling?

You can achieve excellence in all of these if you build strong habits that support your dreams.

## **Take action now and change your life forever!**

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