



# The Weight Loss Scriptures: The 30-Day Daily Devotional for Weight Loss Motivation

*Kimberly Taylor*

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Have you ever started a weight loss program with great enthusiasm - only to lose focus and regain the weight you lost?

Not any more. With 'The Weight Loss Scriptures: The 30-Day Daily Devotional for Weight Loss Motivation' you will receive encouragement, support, and strength to help you reach your ideal weight - and maintain it for life.

Each daily devotional gives you the mindset needed to become a weight loss success story. Best of all, you receive encouragement from someone who has been there. Kimberly Taylor was once 240 pounds and a size 22. But through biblical wisdom, she was able to renew her mind, lose 85 pounds and drop from a size 22 to a size 8.

Through 'The Weight Loss Scriptures', you will discover how to turn each weight loss stumbling block into a building block to reach your ultimate goal. You will learn that every experience is valuable if you use what you learn to start again - more intelligently each time.

Some benefits you will gain from the scriptures include:

- Increased self esteem
- Confidence that you can succeed
- Strategies to stay motivated when you find yourself losing focus
- Enhanced energy to do all the things you need to do
- Renewed appreciation for the body God gave you

And much more!

You can use the healing scriptures and simple, easy-to-read messages in conjunction with any healthy-eating program, or on its own.

Be empowered to apply what you learn to renew your mind and change your health for the better. Get ready to be transformed by the secrets of 'The Weight Loss Scriptures' today.



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