



# Easy Tofu Cookbook: 50 Unique and Easy Tofu Recipes

*Chef Maggie Chow*

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# Easy Tofu Cookbook: 50 Unique and Easy Tofu Recipes

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**Easy Tofu Cookbook: 50 Unique and Easy Tofu Recipes** Chef Maggie Chow

**Tofu is no longer a dish for only Vegetarians. . . But if you are a Vegetarian here are some great Tofu ideas!**

Get your copy of the best Tofu recipes from Chef Maggie Chow!

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Come take a journey with me into the delights of easy cooking. The point of this cookbook and all my cookbooks is to exemplify the effortless nature of cooking simply.

In this book we focus on cooking with Tofu. The *Easy Tofu Cookbook* is a complete set of simple but very unique Tofu recipes. You will find that even though the Tofu recipes are simple, the tastes are quite amazing.

So will you join me in an adventure of simple cooking?

## This Cookbook will Teach You:

- Tofu's Chinese Origins and **Why it is a Mysterious food.**
- A historical fact that will change the way you think about butter, tofu, and cheese. (**This single fact will make you ponder every time you eat either: cheese, butter, or tofu. And make you more appreciative of them.**)
- The complete nutritional nature of tofu and why it is a powerhouse source of energy.
- What the FDA has said about Tofu and how it can improve your life.
- The exact reason why tofu is absolutely great for people with high cholesterol.
- Why proper storage of tofu is very important and how to properly store it.
- The exact # of days and months tofu will last and how to increase this time with simple methods.
- The differences between soft and firm tofu, why this matters and, what types of cooking methods are best for each type.
- **The tofu secret and why it is NOT bland.**
- How to create an infinite number of unique tofu tastes.
- Why cooking tofu is FUN.
- How tofu is enjoyed in Thailand, Vietnam, and India.
- **Plus 47 additional delicious tofu recipes that will change your opinion of it.**

## Here is a Preview of the Recipes You Will Learn:

- Coconut Curry and Lemon Grass Tofu
- Southeast Asian Tofu with Broccoli
- 3 Cheese Pasta Shells
- Creamy Asiago Tofu
- Pad Thai
- Much, much more!

**Pick up this cookbook today and get ready to make some interesting and great tasting Tofu recipes!**

Take action NOW! Download this book for a limited time discount of only \$2.990.99!

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