



Syzygy: Crossing the Bridge to Self

Barbara Jennings

Download now

[Click here](#) if your download doesn't start automatically

Syzygy: Crossing the Bridge to Self

Barbara Jennings

Syzygy: Crossing the Bridge to Self Barbara Jennings

SYZYGY Latin: Conjunction Greek: Yoked together Yin and Yang and Shiva and Shakti are just two embodiments that represent sacred duos, the Divine inner marriage—or the syzygy— of the masculine and feminine. Founder of analytical psychology, Carl Jung, who coined this usage of ‘syzygy,’ “did not see the purpose of life as being the victory of light over dark. Rather his own vision was one of wholeness, of all elements of the Self moving in a complicated dance, in and out of balance, in an endless, unfolding creative drama of growth.” THE MEMOIR Do you ever get that nagging sensation that you forgot something or that something is missing or out of whack, but you don’t know what it is? If you do not recognize this “wounding” of your personality as a wake-up call from your higher Self, that is, if you look outside instead of inside for what is missing, a loss of soul may occur: The meaning and purpose of your life may escape you. As a quest, this memoir explores how one woman’s loss of soul occurred without her realizing it and her journey toward restoring it. This memoir scrapes the chalky topsoil off trenches and craters in my war-torn psyche, as it explores the layers of environmental destruction and psychological damage after decades of abuse and Self-annihilation to exhume what remains, if anything. In search for home, for Mama, for Truth, for something, I didn’t know what, I examine each piece of evidence under the light of prominent Jungian analysts—not to find fault but to find peace. Detonating explosives, long thought to be duds, forced me to rebuild the foundation of my psyche, a stone-by-stone metamorphosis. Resurrected through the lenses of hundreds of dreams, fairy tales, myths, news clips, fiction, scripture, songs, and poems, as well as quotes from numerous scholarly journals, spiritual works, and psychology textbooks, this memoir doesn’t just tell you a story, it invites you to live it. THE WEBSITE While the memoir excavates the debris of a past life (a kind of therapeutic process of sorting and sifting and cleansing), the website rebuilds, replants, and rewires. Like a reality television show, www.syzygy-crossingthebridgetoself.com chronicles a life now in progress. Sometimes comic, sometimes tragic, sometimes clawing its way out of an abyss of abuse and addiction, sometimes bold enough to descend into the belly of the beast, it’s a life that seeks Truth yet hides from it. Some days—as my life develops in a dark room of its own making—I cringe at the sight of me. Other days, I marvel. It’s both work and play. It is digging and burying, finding and losing, hurting and healing, loving and hating. It is dying and being reborn. Documenting this process of Self-discovery, which Jung coined “individuation,” this website explores avenues for expansion, such as memoir writing, active imagination, alchemy, archetypes, astrology, dream analysis, psychoanalysis, I Ching, mandalas, psychological types, and shadow work.

 [Download Syzygy: Crossing the Bridge to Self ...pdf](#)

 [Read Online Syzygy: Crossing the Bridge to Self ...pdf](#)

Download and Read Free Online Syzygy: Crossing the Bridge to Self Barbara Jennings

From reader reviews:

Richard Moyer:

Have you spare time for any day? What do you do when you have much more or little spare time? That's why, you can choose the suitable activity with regard to spend your time. Any person spent their particular spare time to take a wander, shopping, or went to the actual Mall. How about open or read a book called Syzygy: Crossing the Bridge to Self? Maybe it is for being best activity for you. You recognize beside you can spend your time together with your favorite's book, you can cleverer than before. Do you agree with its opinion or you have additional opinion?

Kathleen Dominguez:

The book Syzygy: Crossing the Bridge to Self gives you the sense of being enjoy for your spare time. You can use to make your capable far more increase. Book can to become your best friend when you getting strain or having big problem with your subject. If you can make reading a book Syzygy: Crossing the Bridge to Self to get your habit, you can get a lot more advantages, like add your personal capable, increase your knowledge about a few or all subjects. You may know everything if you like available and read a e-book Syzygy: Crossing the Bridge to Self. Kinds of book are a lot of. It means that, science publication or encyclopedia or some others. So , how do you think about this book?

Ann Strickland:

Syzygy: Crossing the Bridge to Self can be one of your nice books that are good idea. We recommend that straight away because this e-book has good vocabulary that could increase your knowledge in language, easy to understand, bit entertaining but still delivering the information. The article writer giving his/her effort to set every word into enjoyment arrangement in writing Syzygy: Crossing the Bridge to Self yet doesn't forget the main stage, giving the reader the hottest and also based confirm resource data that maybe you can be one among it. This great information may drawn you into brand-new stage of crucial considering.

Chi Reyes:

Is it you who having spare time and then spend it whole day by means of watching television programs or just telling lies on the bed? Do you need something new? This Syzygy: Crossing the Bridge to Self can be the solution, oh how comes? A book you know. You are therefore out of date, spending your spare time by reading in this brand-new era is common not a nerd activity. So what these publications have than the others?

Download and Read Online Syzygy: Crossing the Bridge to Self

Barbara Jennings #O7G1YQZLJ9C

Read Syzygy: Crossing the Bridge to Self by Barbara Jennings for online ebook

Syzygy: Crossing the Bridge to Self by Barbara Jennings Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Syzygy: Crossing the Bridge to Self by Barbara Jennings books to read online.

Online Syzygy: Crossing the Bridge to Self by Barbara Jennings ebook PDF download

Syzygy: Crossing the Bridge to Self by Barbara Jennings Doc

Syzygy: Crossing the Bridge to Self by Barbara Jennings Mobipocket

Syzygy: Crossing the Bridge to Self by Barbara Jennings EPub